February

WHAT'S IN SEASON?

Impact Score
MAKE CHANGE HAPPEN

Jerusalem Artichoke

Mushrooms

Beetroot

Apples

Pears

Celeriac

Turnip

Parsnip

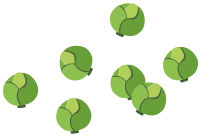
Swede

Carrots

Butternut Squash

Celery

Chicory


Brussel Sprouts

Kale

Onion

Cabbage

Spring Onions

Spring Greens

Leek

SHOPPING LIST